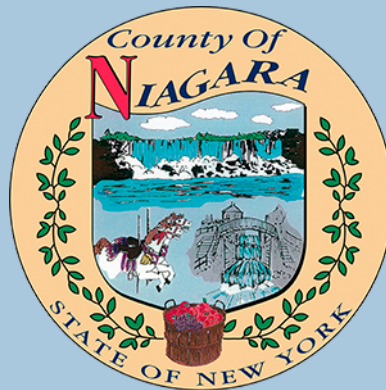


Trapped in a Car During a Snowstorm?

- ✓ Stay inside the car to avoid hypothermia and frostbite.
- ✓ Run the engine for about 10 minutes per hour for heat. Doing so, make sure to clear snow from the exhaust pipe to avoid gas poisoning.
- ✓ Wrap your body with extra clothing, blanket, or thermal blanket if you have one.
- ✓ Prepare to signal the rescuer.
 - Turn on the dome light at night when running the engine.
 - Tie a bright colored cloth, to your antenna.
 - Raise the hood of your car if it's not snowing.



Our Website
niagaracounty.gov/health



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HOW TO PREPARE FOR A SNOWSTORM

NIAGARA COUNTY
DEPARTMENT OF HEALTH
EMERGENCY PREPAREDNESS
PHONE: (716) 439-7431

NCDOH

Stay Safe Indoors ~Sheltering-In-Place~



CO₂

- > Make sure that battery-operated CO detectors are installed to avoid CO poisoning.
- > Stay cautious for fire hazard and ventilation when using fireplace or a space heater
- > Prepare enough warm clothing and blankets.



If the Power Goes Out...



- > Use battery-powered flashlights or lanterns if possible. Candles can be fire hazards.
- > Turn off or disconnect appliances and electronics.
- > ONLY use the generator outdoors and away from windows.



- > Monitor medication that requires refrigeration.



Stay Safe On The Road



- ✓ Slow down and increase the distance between you and the other cars.
- ✓ Keep an emergency kit and other essential items in your car. (Snow shovel, jumper cable, blankets...etc)
- ✓ Keep your family/friends updated of your travel route in case of emergency.
- ✓ Make sure your sight is clear, your car is completely clear of ice or snow. Pull over to the side if necessary.



- > Make sure to have an emergency kit ready.
(*See the separate handout)

- > Listen to media for current emergency information and instructions.



- > Bring any pets indoors.



- > Avoid going outside and traveling in vehicles.

- > Avoid drinking alcoholic or caffeinated beverages.



How to Stay Warm

- > Close off unneeded rooms.
- > Do NOT use a gas stove or oven to heat your home.



Continues >>>